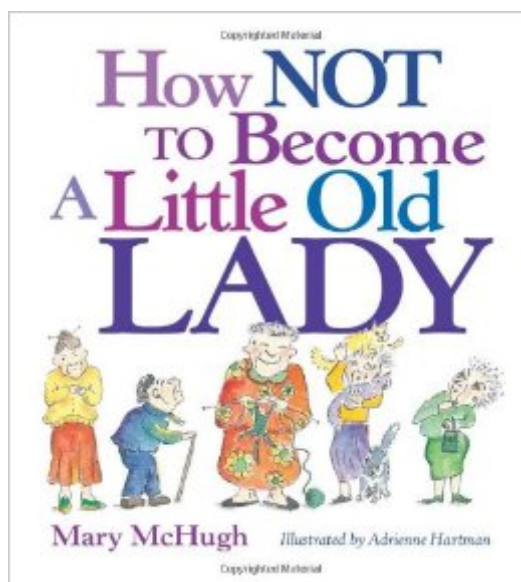


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# How Not To Become A Little Old Lady



## Synopsis

We can't stop the aging process, but with the help of *How Not to Become a Little Old Lady*, we can at least not act older than our age. Author Mary McHugh offers up more than 100 pointers of things not to do to stave off little old ladyhood. Illustrated with the humorous line art of Adrienne Hartman, this little book reminds us not to boil our vegetables until they are gray, tell boring stories with no point to them, carry a tissue up our sleeve, or dye our own hair and think nobody can tell.

## Book Information

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Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 starsÂ Â See all reviewsÂ (52 customer reviews)

Best Sellers Rank: #93,573 in Books (See Top 100 in Books) #135 inÂ Books > Humor &

Entertainment > Humor > Self-Help & Psychology #280 inÂ Books > Health, Fitness & Dieting >

Aging #401 inÂ Books > Humor & Entertainment > Humor > Essays

## Customer Reviews

I purchased this book expecting a whistful, witty, wink and nod at older age, along with some genuine suggestions for maintaining one's vibrance in advanced years. Please be assured this book contains none of those things. Each page states a tired, much used, irrelevant or outright offensive cliché. If you've ever watched a sit com you've heard these same old lines over and over again. The narrative reminds me of a bad comedian doing his first minute at an open-mike night. I purchase this as a gift for my mother, but realized I couldn't possibly give it to her without hurting her feelings. Ageism at it's worst. Sadly, the writer maligns senior women as bigoted small-minded losers while failing to recognize her own emotional fears about aging and body image. Her tone is that of a sorority sister gossiping about what's wrong with anyone not in her peer group. It's shocking that Andrews McMeel Publishing actually printed this "book". The illustrations are fine and surpass the writing to a degree. Unfortunately, that doesn't mean very much. Wish I could send this back, but I'd lose so much on shipping it's not worth it. I don't know that I've ever recycled a book, but I wouldn't even feel right donating it to the library book sale.

My daughter gave me this book for Christmas but said she hadn't read it, which made me feel a little better. Frankly, I'd rather be a little old lady than Mary McHugh, who trades on all the nasty things that have been said about women growing older. My copy is going into the trash, where it definitely belongs.

I returned the How Not to Become A Little Old Lady books.....thought it would be really funny for a gift. Not funny at all! Was actually kind of 'dumb'.....sorry!

I read through most of this book while I was browsing at Borders, and I couldn't figure out WHY it was in the humor section. Guess I don't have much of a sense of humor. As a crotchety old woman I would really be upset if someone gave me this book. I confess that I am guilty of some "old lady" things. Yes, I do buy some at thrift stores, but I think I can still see well enough to know if there are food stains on them, thank you very much. And yes, I do try to give exact change to cashiers, otherwise I would be carrying around pounds of coins. But these are things I have done for years, and I'm not going to change now. I guess that that shows I am set in my ways. I'm not sure who the target demographics for this book are: certainly not us curmudgeonly wrinklies. If you want to buy a book for a "mature" woman, I would suggest that you find out her interests and try to find a book that she would enjoy. The most interesting book I have read lately was FOREVER BARBIE by M.G. Lord, but realize that would not be to everyone's taste.

This "book" (hate to dignify it by calling it a book) is disgusting, stupid, simple minded, degrading to women, cruel to the many women who have meager money to get by on, and worse. Whoever wrote it is a total jerk and obviously feels herself to be superior to others.

I was expecting a book with a story. Instead it is a book of one thought on each page. It is small about 3" by 4". From the picture I thought it would be about the size of a standard paperback book.

This is a mean spirited attempt to.... I can't even figure out what it is attempting to do. It repeats every ridiculous stereotype of old women. I bought this thinking it would be fun and uplifting. It is the exact opposite. I wish I had read the reviews before I purchased it. Mine is going in the recycle bin. I wouldn't even donate this at the risk of hurting someone's feelings.

This tiny book, copyright 2008, is ludicrously outdated. Its target audience may be be women aged 85 or older, but that's a bit late to look for advice on this subject. The most glaring example comes from the last illustration, a woman with arrows pointing to practice of her. The hair label reads: "LOLs have tightly curlew, scrunched-up hairdos left over from WWII." LOL, of course, today means laugh out loud, which you will do if take this seriously. I was born in 1941, which makes me 74. My hairdo in that early part of my life was French braids. The kind of hairdo described would have been worn by a woman in her 20s or older...which would make her in her 90 now. And not one to need advice on avoiding becoming. Little old lady. Very irritating, when it is, I suppose, meant to amuse. Others have handled this theme much better.

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